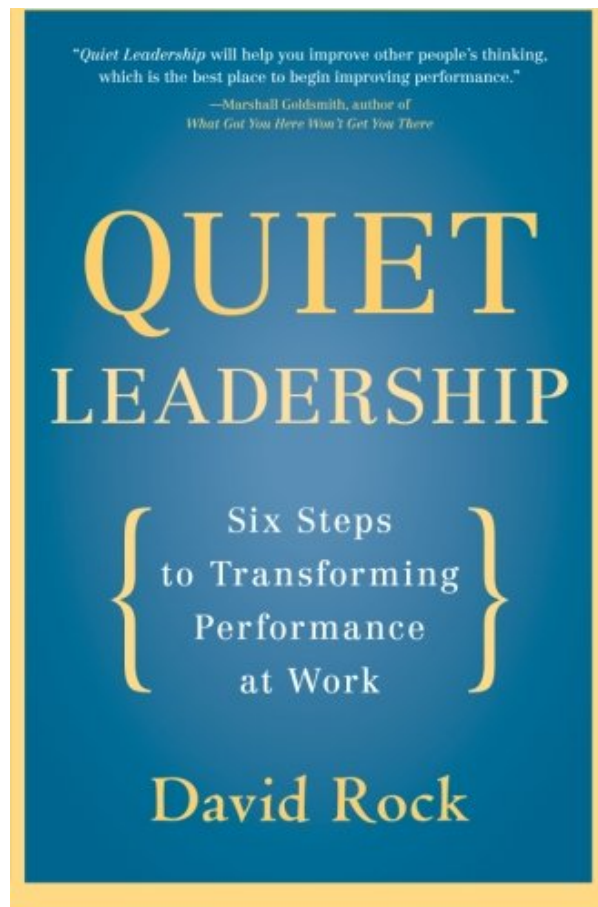


# QUIET LEADERSHIP: SIX STEPS TO TRANSFORMING PERFORMANCE AT WORK BY DAVID ROCK



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*"Quiet Leadership will help you improve other people's thinking,  
which is the best place to begin improving performance."*

—Marshall Goldsmith, author of  
*What Got You Here Won't Get You There*

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{ Six Steps  
to Transforming  
Performance  
at Work }

David Rock

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**Quiet Leadership: Six Steps To Transforming Performance At Work By David Rock.** In undergoing this life, many individuals constantly try to do and obtain the most effective. New understanding, experience, driving lesson, and also every little thing that could boost the life will certainly be done. Nonetheless, many individuals often feel perplexed to obtain those points. Feeling the restricted of encounter as well as sources to be far better is among the lacks to have. Nonetheless, there is an extremely basic thing that can be done. This is what your educator constantly manoeuvres you to do this. Yeah, reading is the solution. Reading an e-book as this Quiet Leadership: Six Steps To Transforming Performance At Work By David Rock and various other referrals can improve your life quality. How can it be?

From Publishers Weekly

A leader's job "should be to help people make their own connections," Rock asserts—a commonsense message he overcomplicates in this guide for executives and managers who want to improve employee performance. Rock, CEO of Results Coaching System, strives to legitimize his methodology with neuroscience, acronyms and catchphrases and gratuitous, Powerpointesque illustrations. But his writing style conflicts with his advice—keep it succinct and focused. Promising that his approach "saves time and creates energy," he details his six steps: "Think About Thinking" (let people think things through without telling them what to do, while remaining "solutions-focused"); "Listen for Potential" (be a sounding board for employees); "Speak with Intent" (clarify and streamline conversation); "Dance Toward Insight" (communicate in ways that promote other people's insights); "CREATE New Thinking" (which stands for Current Reality, Explore Alternatives and Tap Their Energy, an acronym about "helping people turn their insights into habits"); and, finally, "Follow Up" to ensure ongoing improved performance. Rock also explains how to apply the steps to problem solving, decision making and giving feedback. Perhaps Rock conveys his strategies more effectively in a seminar setting, but for busy executives, this guide (after Personal Best) is more likely to generate frustration than an "aha" moment." (Apr.)

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Review

"This highly practical guide includes exercises for each major concept, giving readers a chance to practice what they've learned." (Library Journal)

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#### About the Author

David Rock is a consultant and leadership coach who advises corporations around the world. The author of *Coaching with the Brain in Mind*, *Quiet Leadership*, and *Personal Best*, he is the CEO of Results Coaching Systems, a leading global consulting and coaching organization. He is on the advisory board of the international business school CIMBA and the cofounder of the NeuroLeadership Institute and Summit. He lives in Sydney, Australia, and New York City.

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Improving the performance of your employees involves one of the hardest challenges in the known universe: changing the way they think. In constant demand as a coach, speaker, and consultant to companies around the world, David Rock has proven that the secret to leading people (and living and working with them) is found in the space between their ears. "If people are being paid to think," he writes, "isn't it time the business world found out what the thing doing the work, the brain, is all about?" Supported by the latest groundbreaking research, Quiet Leadership provides a brain-based approach that will help busy leaders, executives, and managers improve their own and their colleagues' performance. Rock offers a practical, six-step guide to making permanent workplace performance change by unleashing higher productivity, new levels of morale, and greater job satisfaction.

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## Features

- Collins Publishers

## From Publishers Weekly

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#### Most helpful customer reviews

1 of 1 people found the following review helpful.

Excellent content, but low resolution diagrams hard to read

By fsma

This book was recommended by in one our company's coaching session. I find it a very useful (not just interesting) read that I can use in my work and family life. You will need to assess yourself if it helps you. To me the linking of the approach with how the brain works is really useful - and it gives me hope that we CAN introduce and make changes happen by focusing on creating new circuitry in the brains of the people we coach, than trying to remove the existing hard-wired pathways.

Unfortunately the diagrams are low resolution in Kindle - I checked it out in iPad, Kindle Fire HD and it is very hard to read when you zoom in.

If this is fixed I would have given it 5 stars.

0 of 0 people found the following review helpful.

Quiet Leadership rocks!

By BJ

This book offers valuable insight into "the how do I" develop excellent leadership and coaching skills in the workplace. The examples provided are clear and the insightful. I recommend this book to anyone who wants to enhance their understanding of themselves and others in the workplace. It is a great addition to leadership and coaching resources.

2 of 2 people found the following review helpful.

Very Informative

By Clint Stonebraker

As an employer, I really enjoyed this book. I strongly agree with the basic principles of Quiet Leadership. I believe an employee's effectiveness is rooted in his or her ability to solve problems by using sound thought processes. A manager should create an environment in which thos basic attitude is cultivated and nurtured. David lays out some simple approaches to accomplishing this goal.

I found the concept of neuroplasticity particularly particularly helpful. Gaining this understanding has helped my communication with employees. I recommend this book to anyone who is an employer, manager, or any other leader. Applying the principles in this book will immediately assist you.

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