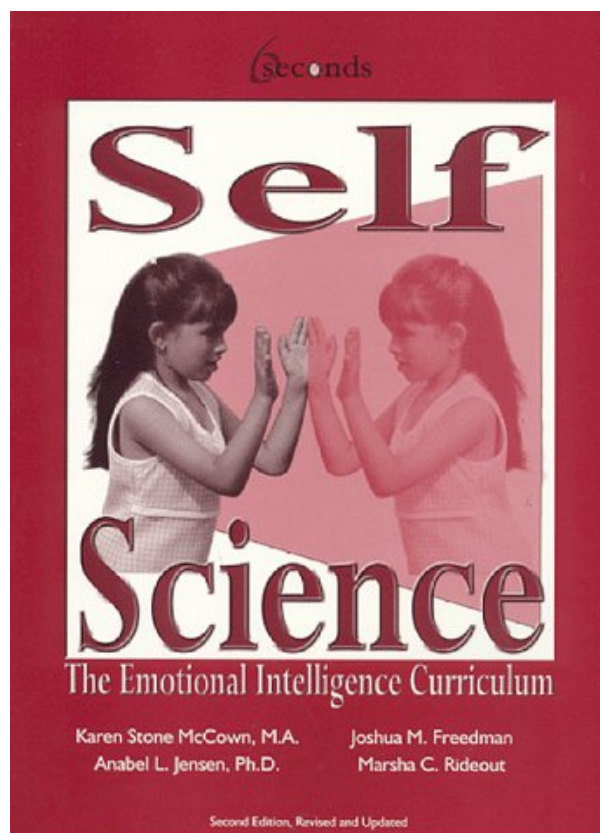
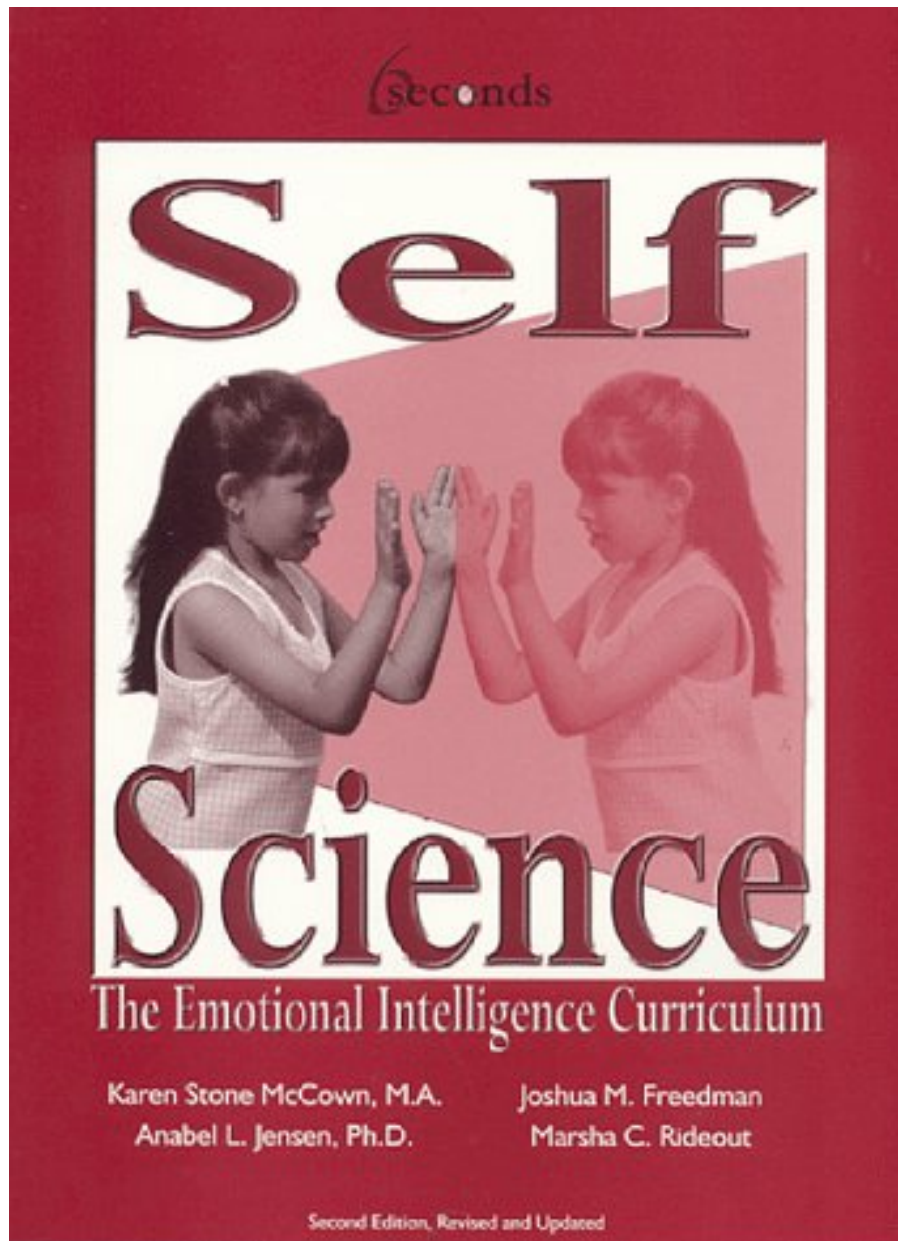


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About the Author

Karen began her involvement with emotional intelligence when she founded the Nueva School (Hillsborough, California). She saw that the central foundation of a school should be not simply giving students knowledge, but giving them the opportunity to develop wisdom. Karen created the nation's first emotional intelligence curriculum, Self Science, a program she facilitated for nearly 3 decades. She was honored as Educator of the Year by the California Association of the Gifted. She has served on a broad range of trustee and advisory boards for social, emotional & mental health. Karen earned her MA at the University of Massachusetts.

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Self-Science is an elementary school curriculum that fuses emotional and cognitive learning to provide students with vital tools for managing conflict, expressing themselves, and living with respect, responsibility, and resiliency. The curriculum includes 54 lessons for a two-year program.

Self-Science has been in use around the country and the world since its first publication in 1978. This new edition is "teacher friendly" -- written by teachers, for teachers. The curriculum can be incorporated into the classroom or can be used as a "stand alone" course; rather than a generic prescription, it provides a powerful, flexible framework. The curriculum clearly articulates goals, provides activities, and guides the teacher/facilitator in asking clear, thought-provoking questions to help students help themselves. In his bestselling *Emotional Intelligence*, Daniel Goleman calls this program, "A model for the teaching of emotional intelligence."

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About the Author

Karen began her involvement with emotional intelligence when she founded the Nueva School (Hillsborough, California). She saw that the central foundation of a school should be not simply giving students knowledge, but giving them the opportunity to develop wisdom. Karen created the nation's first emotional intelligence curriculum, *Self Science*, a program she facilitated for nearly 3 decades. She was honored as Educator of the Year by the California Association of the Gifted. She has served on a broad range of trustee and advisory boards for social, emotional & mental health. Karen earned her MA at the University of Massachusetts.

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As a former student at Nueva, a school that included *Self Science* in their curriculum, I was constantly

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