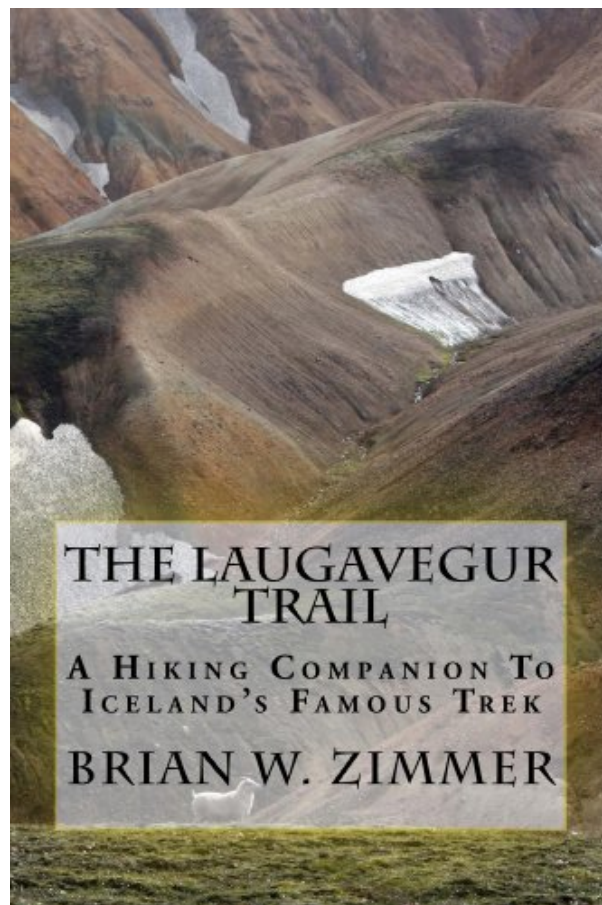
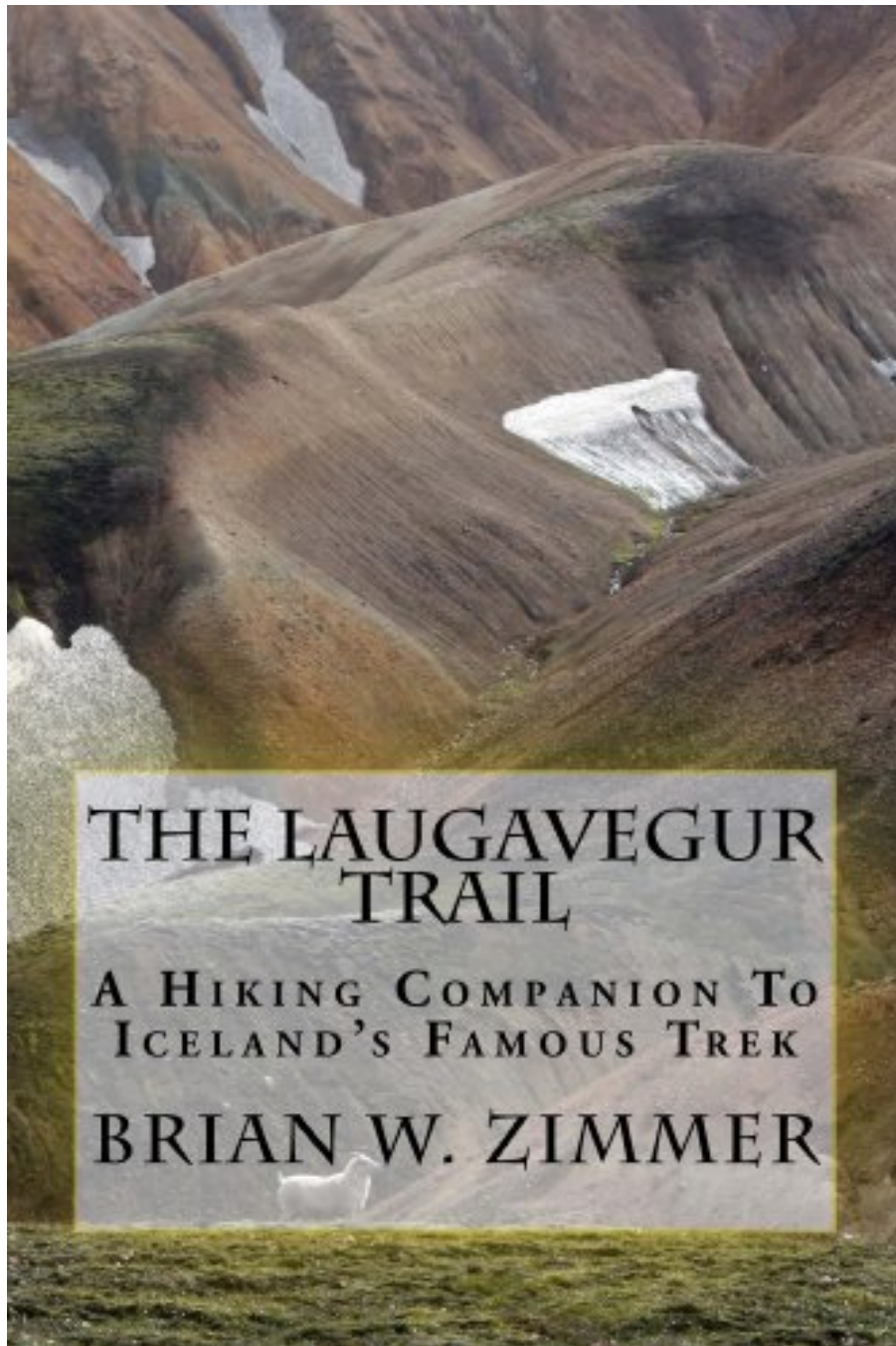


THE LAUGAVEGUR TRAIL: A HIKING COMPANION TO ICELAND'S FAMOUS TREK BY BRIAN W. ZIMMER



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About the Author

Brian Zimmer teaches geology at Appalachian State University in the United States. Each year, he takes students to Iceland to learn about geologic hazards and to hike the Laugavegur trail. Brian has backpacked extensively throughout Europe, Canada, Japan, Mexico, Tanzania, and all around his home in the Blue Ridge Mountains.

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THE LAUGAVEGUR TRAIL: A HIKING COMPANION TO ICELAND'S FAMOUS TREK BY BRIAN W. ZIMMER PDF

Updated for the 2016 trekking season! The Laugavegur Trail is a thorough, but lighthearted guide to Iceland's most famous and popular backpacking trek. The guide provides you with all the logistical information you will need to plan and execute your hike while also providing beautiful annotated panoramas, basic maps, and anecdotal stories that provide great insight and regional context for the journey. The book is complimented well by the Serkort #4 (Landmannalaugar Fjallabak) 1:100,000 topographic map.

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Most helpful customer reviews

5 of 5 people found the following review helpful.

Helpful companion, but not comprehensive guide-book

By Ryan T. Easterday

My wife and I hiked the Laugavegur Trail this summer and Brian Zimmer's self-published 'companion' was a great help. Of course, it's one of only perhaps two Laugavegur guides available in English, so options are limited. If you're planning to hike this trail, this is an invaluable, but not comprehensive, resource.

The document feels like it may well have grown out of a scene-setter or notes pamphlet put together for the undergrads he brings out here every summer for field geology experience. As such, it has excellent background information about the area and the logistics of getting to and from the trailheads (including some limited but good practical advice on getting around Iceland more generally, underpinned by his personal experience). But, geology professor that he is, the bulk of the text is devoted to the fascinating volcanic landscapes, panorama and features founds along the trail. What will disappoint those looking for a true 'guide-book' is that the trail itself is most of the time a strangely absent character, making only cameo appearances at river crossings, campsites and occasional dodgy bits requiring careful footwork.

A few days after we came off the trail at Skógafoss, we actually saw the author's charter van in the campsite at Skaftafell National Park – my wife wanted to run after him waving the book and shouting “you didn't tell us we'd be walking over so much snow!” But that was hardly his fault – last winter was apparently an unusually harsh one.

A couple of notes to hikers:

- We bought the map he recommended, but it didn't get that much use, as the trail was usually either so well signposted and crowded that it wasn't necessary, or visibility was so restricted by fog, rain and snow that it was useless. Finding the path in and around the campsites was usually the biggest trouble, and this is where I really would have liked better text directions from the book. Though with a little asking around, we always figured it out in the end. In Þórsmörk, the trails get so complex that the map was again useless (due to insufficient detail) and again the book was no help.

- The advice to bring a GPS (with waypoints loaded as well as locations of shelter) is good to heed – we found ourselves on top of the Fimmvörðuháls pass with only about 50yds visibility, following footsteps in the snow and trying to keep track of the way-markers. We were fine thanks to there being so many people up there, but had we gotten disoriented or off the path, not having a reliable navigation system would have gotten very dangerous very quickly. The device is worth the extra weight on this one.

6 of 7 people found the following review helpful.

The author's hands-on experience really pays off

By JW Kerwin, author of Slow Death in the Fast Lane

The author is intimately familiar with the Laugavegur Trail, and it shows. He's packed this incredibly practical guide with detailed information that will prove invaluable for both novice and experienced hikers. For example, the book explains how to:

- recognize unstable areas near fumaroles (hint: the color is the key)
- summon emergency help using Iceland's version of 911(no, you don't dial 911)
- avoid crowds even during peak periods (hint: where you start is the key)

Virtually everything you need to plan and enjoy a trip to one of the most scenic destinations on the planet is here, from what to bring (and not bring) to where to get provisions without draining the bank account.

2 of 2 people found the following review helpful.

need useful details hikers need, not details about rock formations!

By NOYB

for the money I was expecting more. as a hiker I want to know details of what milage certain landmarks are at, and the details of water sources, the details of hut accommodations like showers and prices and if those showers have hot running water. seems like you can get much better details probably free off the internet.

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